

PERMANENT HAIR REDUCTION

Now a lasting solution for unwanted hair that is safe for all skin types and FDA approved for permanent hair reduction. The cooling apparatus in the Palomar hand piece allows for more comfortable treatments and no down time. All treatments are performed by licensed medical professionals certified in laser and IPL treatments using the latest in medical technology.

Abdomen.....	\$150	5 for \$600
Arms, Upper OR Lower.....	\$150	5 for \$600
Back.....	\$300	5 for \$1200
Bikini, Traditional.....	\$150	5 for \$600
Bikini, Full (Brazilian).....	\$225	5 for \$900
Brow.....	\$50	5 for \$200
Buttocks.....	\$200	5 for \$800
Chest.....	\$200	5 for \$800
Full Chin OR Sideburns.....	\$75	5 for \$300
Ears.....	\$75	5 for \$300
Face, Full.....	\$200	5 for \$800
Legs, Full.....	\$400	5 for \$1600
Legs, Lower.....	\$200	5 for \$800
Legs, Upper.....	\$250	5 for \$1000
Lip, Upper.....	\$60	5 for \$240
Neck, Anterior or Posterior.....	\$100	5 for \$400
Nipples.....	\$75	5 for \$300
Underarms.....	\$150	5 for \$600

After completion of a Hair Removal Package, any touch up treatment will be 50% off the individual listed price for the area. Most areas require 5-7 treatments for permanent reduction.

Our Mission Statement

The staff and physicians at Changes MedSpa strive to offer our patients advanced clinical skin care and permanent hair reduction treatments using the latest in medical technology. These treatments combined with our results-oriented home care cosmeceuticals will enhance your appearance while ensuring the health of your skin. Our goal is to meet your skin care needs and provide the necessary education to enable you to achieve and maintain healthy, beautiful skin.



- Permanent Hair Reduction
- IPL Photo-facials
- Fractional Laser (Scar Revision & Wrinkles)
- Striae (Stretch Marks)
- Chemical Peels
- Ultrasound Facials
- Microdermabrasion
- Botox & Juvederm Injections
- Latisse by Allergan
- Customized Spa Facials
- glo-minerals Professional Makeup
- PCASkin Cosmeceuticals
- Massage Therapy

All treatments are performed by licensed medical professionals

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Menu of Services



Hair Removal Consult Complimentary
This consult includes assessment of the skin and hair growth, a patch test using our Palomar IPL system with a price quote and treatment plan recommendation.

Skin Rejuvenation Consult Complimentary
This consult includes an evaluation of your skin condition and concerns, includes patch testing, analysis of your skin, a skin and medical history, and a skin cancer screening. A customized treatment plan will be created just for you.

Skin Rejuvenation Consult (new patients only) \$65
This evaluation includes a customized facial and starter kit of products for your skin condition and concerns. We only use clinically researched, results oriented, chirally correct cosmeceuticals that create a real CHANGE in your skin.

SKIN REJUVENATION OPTIONS:

Microdermabrasion \$90 6 for \$450
This is the original "lunchtime peel"; safe and non-invasive with no down-time, minimal discomfort, and make-up may be applied right away. Clinically proven to stimulate collagen, increase circulation, stimulate lymphatic flow and remove surface buildup and impurities. This enhances penetration of the customized blend of anti-oxidants and cosmeceuticals that will be applied after your treatment.

Acne Clinical Facial Treatments \$75 6 for \$375
This clinical treatment will be customized for your present grade and stage of acne and includes extractions followed by application of advanced topicals to effectively heal, calm and reduce outbreaks.

Oxygenating Facial \$80
This facial is ideal before a special event and very effective for bacterial acne, stressed skin, smokers, and other asphyxiated skin conditions. No down time required and you will love the relaxing massage and aromatherapy benefits of this treatment.

Oxy Peel \$85
This clinical treatment combines a light layer of chemical peel to first exfoliate the outermost layer of build-up followed by the intense oxygenation of the Oxygenating Facial.

Pumpkin Antioxidant Beta Treatment \$80
An aromatic antioxidant clinical treatment that is ideal for congested, impacted skin with blackheads. No down time and you leave with a glow!

Clarifying Beta Mask Treatment \$80
This Beta clinical treatment deep cleans, removes impactions and calms any inflamed skin condition such as rosacea, psoriasis and eczema. If you have normal skin it will leave you radiant-we call this one the "Red Carpet Glow!"

Detox Facial \$75
Detox Gel has a unique blend of alpha and beta acids with botanicals to loosen impactions, kill bacteria and stimulate circulation-extractions are a breeze after this treatment.

Ultrasound Hydrating & Firming Facial \$60 6 for \$300
Using a low frequency level of ultrasonic energy, a customized blend of anti-oxidants and cosmeceuticals will be "pushed" down into the living layers of your skin. This is excellent for all skin conditions and is hydrating, oxygenating, healing and will encourage lymphatic drainage. An excellent choice alone, or this can be added to any treatment to enhance results. Relaxing too!

Retinol treatment \$40
Retinol is the "gold standard" for increasing cell turnover and stimulating collagen. These retinol solutions are enhanced with a nourishing blend of ingredients to hydrate, quench free radicals and encourage exfoliation-can be applied alone or after Microdermabrasion or a chemical peel.

Microdermabrasion or Ultrasound treatment \$20 when added to another service

Chemical Peel \$80 6 for \$400
(Enhanced Jessner's and TCA blends)
These peel solutions are a unique blend of ingredients using a LOW dose approach and each treatment is customized to your skin needs and present condition. You will have minimal to no "down time." They exfoliate, stimulate collagen production, quench free radicals, lighten, brighten and tighten the skin. A complete series of 6 treatments will effectively treat hyper pigmentation, rosacea, aging skin, and active acne leaving your skin totally rejuvenated, smooth and HEALTHY.

Chemical Peel Medium Depth priced by layers \$100-\$400
This treatment is for more severely damaged skin and does require some "down time" with visible exfoliation.

IPL Skin Rejuvenation Treatment \$200, \$150 (face only)
(Photo-facial) 4 for \$650
Using Intense Pulsed Light this advanced medical procedure will treat skin discolorations such as brown spots, red spots and vessels, acne scarring and capillaries of rosacea. These treatments are clinically proven to stimulate collagen and reduce surface wrinkles as well as the texture and elasticity of the skin. The treatment area will include your face, neck, hands and partial décolleté. After the IPL, a soothing Ultrasound will calm any redness or sunburn sensation and leave you hydrated and glowing.

Non Surgical Ultimate Skin Rejuvenation Series: \$1500
2 Microdermabrasion Treatments, 4 IPL treatments, and 6 Chemical Peels and 4 Ultrasound Facials

Fractional Laser Treatment \$100 an area, \$700 full face
4 for \$2200
Using the latest medical technology with the Palomar StarLux 1540 this clinical treatment will treat deeper acne scarring, wrinkling, scars and more severe hyper pigmentation. Quick and incredible results with little down time or discomfort.

Changes Signature Facial (60 minutes) \$80
Pamper your skin with an hour long treatment customized for your skin type and condition.

Changes Express Facial (30 minutes) \$45
When you're on the go but need a quick change.

BODY TREATMENTS:

Smoothing Body Chemical Peel Treatment priced by area
\$60-\$250

This two step treatment is formulated with ingredients that even discoloration while smoothing and brightening the skin. This is an excellent choice for rough, dehydrated and sun-damaged skin on the arms, legs, back, chest, hands and feet. This treatment may also be used to control keratosis pilaris on arms and legs. Wonderful for cracked heels or very dry feet!

Acne treatment for back priced by area
\$80

Healthy Skin is Beautiful Skin!
BOTOX, JUVEDERM PLUS,
JUVEDERM ULTRA PLUS INJECTABLES
AVAILABLE BY OUR LICENSED,
CERTIFIED MEDICAL PROFESSIONALS